



MACHAKOS UNIVERSITY

University Examinations for 2018/2019 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

FIRST YEAR SPECIAL/SUPPLEMENTARY EXAMINATION FOR

BACHELOR OF ARTS

APS 106: INTRODUCTION TO LIFESPAN DEVELOPMENT

DATE: 25/7/2019

TIME: 2.00-4.00 PM

INSTRUCTIONS: Answer QUESTION ONE and any other TWO QUESTIONS

QUESTION ONE (30 MARKS)

- a) Define the following terms as used in life span development
- i. Plasticity (2 marks)
 - ii. Proximodistal trend (2 marks)
- b) Human development is a holistic process, discuss. (8 marks)
- c) i Discuss the main characteristics of Erickson's psychosocial theory of development (10 marks)
- ii Discuss the major determinants of human development. (8 marks)

QUESTION TWO (20 MARKS)

- a) Discuss the role genes as a factor that affects human development. (10 marks)
- b) "A child's early experiences affect their adulthood and behavior," discuss this statement in lifespan development. (10 marks)

QUESTION THREE (20 MARKS)

- a) Explain five principles of human development. (10 marks)
- b) Discuss the Social learning theory of in relation to social development. (10 marks)

QUESTION FOUR (20 MARKS)

- a) i) Define Cognitive development. (2 marks)
- ii) Explain Piaget's sensory-motor stage of cognitive development (10 marks)
- b) Discuss five developmental tasks of early adulthood. (8 marks)

QUESTION FIVE (20 MARKS)

- a) Evaluate common adolescent emotions. (10 marks)
- b) Discuss the physical characteristics that take place in middle adulthood (10 marks)