



# MACHAKOS UNIVERSITY COLLEGE

ISO 9001:2008 Certified 

(A Constituent College of Kenyatta University)

SCHOOL OF EDUCATION

DEPARTMENT OF EDUCATION PSYCHOLOGY

FIRST SEMESTER EXAMINATION FOR BACHELOR OF EDUCATION

EPS 103: INTRODUCTION TO PSYCHOLOGY

**Date:** 12/04/2015

**Time:** 8.30-10.30 AM

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## INSTRUCTIONS

Question one is compulsory. Answer any other two questions

### Question One

- A,
- i) Briefly explain the four goals of psychology. (8 marks)
  - ii) Define learning, (2 marks)
- B. With appropriate examples, define the following concepts as used in psychology
- i) Learning
  - ii) Defense mechanism
  - iii) Name the three personality components according to Sigmund Freud. (3 marks)
- C Briefly discuss the following two schools of thought giving reasons why they are not appropriate in psychology today. (4 marks)
- i) Structurism
  - ii) Functionalism
- D With relevant examples, explain the following psychological perspectives. (6 marks)

- i) Behavioral perspectives
- ii) Humanistic perspective
- iii) Cognitive

- E Briefly discuss the role of heredity and environment in determining behavior. (2 marks)
- F Define psychology (5 marks)

### Question Two

- A What is the basic premise for operant conditioning theory? (2 marks)
- B Give appropriate examples to distinguish between the following concepts:
- i) Unconditional stimulus and unconditional response (3 marks)
  - ii) Conditioned stimulus and conditioned response (3 marks)
- C Evaluate the relevance of classical conditioning in a school situation. (6 marks)

### Question Three

- A Distinguish between the following concepts in abnormal behavior
- i) Neurosis and anxiety neurosis (2 marks)
  - ii) Neurasthenia and hysteria (2 marks)
- B With appropriate examples, explain the following categories of conflicts: (16 marks)
- i) Approach-Approach conflict
  - ii) Approach-Avoidance conflict
  - iii) Avoidance-Avoidance conflict
  - iv) Double Approach-Avoidance conflict

### Question Four

- A Discuss Abraham Maslow's Hierarchy of needs theory. (14 marks)
- B Satisfaction of students' needs is essential for teaching. Explain in relation to Abraham Maslow's theory. (6 marks)

### Question Five

- A Discuss the following types of defense mechanisms. (16 marks)
- i) Rationalization
  - ii) Sublimation
  - iii) Reaction
  - iv) Projection

- B Discuss the nature-nurture controversy using the twin study. (8 marks)