



MACHAKOS UNIVERSITY

University Examinations for 2019/2020 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

THIRD YEAR FIRST SEMESTER EXAMINATION FOR

BACHELOR OF ARTS

APS 304: ABNORMAL PSYCHOLOGY

DATE: 10/12/2019

TIME: 8.30-10.30 AM

INSTRUCTIONS: Answer QUESTION ONE and any other TWO QUESTIONS

QUESTION ONE (30 MARKS)

- a) Define the following terminologies as used in psychology. (10 marks)
- i. Abnormal Psychology
 - ii. WHO definition of health
 - iii. A healthy Person
 - iv. Delusions
 - v. Hallucinations
- b) Distinguish between positive and negative symptoms of schizophrenia. (4 marks)
- c) Discuss the DSM-5 diagnostic criteria for anorexia nervosa. (6 marks)
- d) Explain why history taking is an important component in the assessment of abnormal behaviour. (6 marks)
- e) Explain the psychological causes of PTSD. (4 marks)

QUESTION TWO (20 MARKS)

- a) Discuss the biopsychosocial treatment intervention for substance related disorders. (10 marks)
- b) Explain the development and cause of Autism Spectrum Disorder. (10 marks)

QUESTION THREE (20 MARKS)

- a) Discuss the DSM-5 diagnostic criteria of narcissistic personality disorder. (10 marks)
- b) Discuss possible prevention modalities for alcohol and substance abuse. (10 marks)

QUESTION FOUR (20 MARKS)

- a) Discuss the following psychotherapy interventions for anxiety. (10 marks)
- i. Systematic desensitization
 - ii. Flooding
 - iii. Anxiety management training
 - iv. Group therapy
 - v. Education and reassurance.
- b) Discuss the risk factors and causes of Neurodevelopmental Cognitive Disorders (NCDs). (10 marks)

QUESTION FIVE (20 MARKS)

- a) Discuss the risk and prognostic factors for feeding and eating disorders. (8 marks)
- b) Explain the importance of referral in assessment of abnormal behaviour. (8 marks)
- c) Describe the various assessment procedures that are essential for proper diagnosis of mental disorders. (4 marks)