



# MACHAKOS UNIVERSITY

University Examinations for 2019/2020 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

FOURTH YEAR FIRST SEMESTER EXAMINATION FOR

BACHELOR OF ARTS

APS 427: ADULT DEVELOPMENT AND AGING

DATE: 11/12/2019

TIME: 2.00-4.00 PM

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**INSTRUCTIONS: Answer QUESTION ONE and any other TWO QUESTIONS**

## QUESTION ONE (30 MARKS)

- a) Explain the meaning of the following terminologies as used in psychology. (6 marks)
- Aging
  - Adult development
  - Lifespan development
- b) Clearly differentiate the following types of age (8 marks)
- Chronological age
  - Biological age
  - Psychological age
  - Social age
- c) Giving specific examples define the following concepts (8 marks)
- Normative influence
  - Non-normative influence
- d) Differentiate between: (4 marks)
- Life expectancy
  - Longevity
- e) Distinguish between chronic disease and acute disease. (4 marks)

### **QUESTION TWO (20 MARKS)**

- a) Discuss Vaillant's adult life tasks that must be successfully accomplished in order for a person to mature as an adult. (12 marks)
- b) Discuss how aging affects the immune system. (8 marks)

### **QUESTION THREE (20 MARKS)**

- a) Discuss aging associated diseases. (10 marks)
- b) Describe the importance of having close friends at a later stage in life. (6 marks)
- c) Describe the role of culture in understanding partner abuse. (4 marks)

### **QUESTION FOUR (20 MARKS)**

- a) Discuss becoming friends and the empty nest (12 marks)
- b) Discuss the impact of the current trends in life expectancy on society. (8 marks)

### **QUESTION FIVE (20 MARKS)**

- a) Describe the various periods of adulthood. (6 marks)
- b) Discuss how the theory of aging applies to the workplace. (6 marks)
- c) Describe some categories of abuses in Kenya. (8 marks)