



# **MACHAKOS UNIVERSITY**

**University Examinations for 2019/2020 Academic Year**

**SCHOOL OF HUMANITIES AND SOCIAL SCIENCES**

**DEPARTMENT OF SOCIAL SCIENCES**

**FOURTH YEAR FIRST SEMESTER EXAMINATION FOR**

**BACHELOR OF EDUCATION (ARTS)**

**BACHELOR OF ARTS**

**APS 401: CLINICAL PSYCHOLOGY**

**DATE:**

**TIME:**

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**INSTRUCTIONS: Answer QUESTION ONE and any other TWO QUESTIONS**

**QUESTION ONE (COMPULSORY) (30 MARKS)**

- a) Define the term clinical psychology (1 mark)
- b) Describe three activities you would engage in as a clinical psychologist (10 marks)
- c) Explain five general principles a psychologist should practice during a clinical interview (10 marks)
- d) Differentiate between clinical assessment and clinical diagnosis (3 marks)
- e) Highlight three components of a psychiatric history (6 marks)

**QUESTION TWO (20 MARKS)**

- a) Analyze the following principles as used in the feminist therapy (8 marks)
  - i. The person is political
  - ii. Women and girls voices
- b) Describe four techniques used in feminist therapy (12 marks)

**QUESTION THREE (20 MARKS)**

- a) Describe the structure of personality according to the psychoanalytic therapy (6 marks)
- b) Explain four ego defense mechanisms you would engage in when faced with anxiety to prevent your ego from being overwhelmed (8 marks)
- c) Analyze three therapeutic techniques used in psychoanalytic therapy (6 marks)

**QUESTION FOUR (20 MARKS)**

Analyze the following principles of Gestalt therapy theory

- a) The now
- b) Unfinished business
- c) Contact and resistances to contact
- d) Energy and blocks to energy.

**QUESTION FIVE (20 MARKS)**

Describe the following views of human nature according to Existential therapy.

- a) The capacity of self-awareness
- b) Freedom and responsibility
- c) The search for meaning
- d) Anxiety as a condition of living.