



MACHAKOS UNIVERSITY

University Examinations for 2019/2020 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

SECOND YEAR FIRST SEMESTER EXAMINATION FOR

BACHELOR OF ARTS

APS 201: PSYCHOLOGY OF PERSONALITY

DATE: 9/12/2019

TIME: 8.30-10.30 AM

INSTRUCTIONS: Answer QUESTION ONE and any other TWO QUESTIONS

QUESTION ONE (30 MARKS)

- a) Define the term Personality as used in Psychology (4 marks)
- b) Explain the importance of Personality theories (10 marks)
- c) Discuss Sigmund Freud's phallic stage showing how it influences personality development (10 marks)
- d) Discuss the following in personality orientation (6 marks)
 - i. Extra version
 - ii. Intra version

QUESTION TWO (20 MARKS)

- a) Analyze Carl Jung's four psychological functions in human personality (10 marks)
- b) Explain Albert Bandura's social learning views on distinctive human abilities (10 marks)

QUESTION THREE (20 MARKS)

- a) Explain Alfred Adler's perspective of psychological health (10 marks)
- b) According to Alfred Adler, the most fundamental human motive is striving for superiority, discuss (10 marks)

QUESTION FOUR (20 MARKS)

- a) Discuss the importance of self-awareness (10 marks)
- b) Evaluate the structure of personality according to Sigmund Freud's psychodynamic theory (10 marks)

QUESTION FIVE (20 MARKS)

- a) Explain the following defense mechanisms used to protect an individual from anxiety
- i. Reaction formation
 - ii. Rationalization
 - iii. Regression
 - iv. Denial
 - v. Projection (10 marks)
- b) Briefly explain Albert Bandura's view of personality development (10 marks)