



# MACHAKOS UNIVERSITY

University Examinations for 2019/2020 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF FASHION DESIGN AND MARKETING

FOURTH YEAR SPECIAL/SUPPLEMENTARY EXAMINATION FOR  
BACHELOR OF SCIENCE IN COMMUNITY RESOURCE MANAGEMENT

HCR 409: COMMUNITIES WITH SPECIAL NEEDS (CWSN)

DATE: 20/01/2021

TIME: 11.00-1.00 PM

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## INSTRUCTIONS:

- This paper consists of **FIVE** questions
- Answer **QUESTION ONE** and **ANY OTHER TWO** questions
- Question One carries 30 marks
- Question 2-5 carry 20 marks each
- Total marks 7

## QUESTION ONE (COMPULSORY) (30 MARKS)

a) Define the following terms:-

- Illness (2 marks)
- Disability (2 marks)
- Poverty (2 marks)
- Individual Stress Theory (2 marks)
- Depression (2 marks)

b) Explain the contributions of the following fields of study in the development of Stress Theory: -

- Psychobiology (3 marks)
- Sociology (3 marks)
- Psychiatry (3 marks)
- Anthropology (3 marks)

c) Describe the four (4) eras in the development of “Family Stress Theory” (8 marks)

**QUESTION TWO (20 MARKS)**

- a) Citing examples, distinguish between personal and population initiatives in addressing individual and community vulnerabilities in the society. (10 marks)
- b) Your team leader has asked you to explain the two (2) counselling strategies used in the management of stress and depression in communities with special needs, discuss.(10 marks)

**QUESTION THREE (20 MARKS)**

- a) Distinguish between temporary and permanent vulnerabilities in the society (10 marks)
- b) You have been asked by your project supervisor to lead your team in discussing the five (5) sources of vulnerability in the society, discuss. (10 marks)

**QUESTION FOUR (20 MARKS)**

- a) As a community development worker, you have been asked to lead a discussion on the factors determining the vulnerability of an individual in the society, discuss. (10 marks)
- b) Discuss the relevance of '**stress theory**' in communities with special needs. (10 marks)

**QUESTION FIVE (20 MARKS)**

- a) Describe four (4) communities with special needs in the society (8 marks)
- b) Explain three (3) issues affecting communities with special needs (6 marks)
- c) Explain three (3) strategies used in the management of community crisis (6 marks)