



# MACHAKOS UNIVERSITY

University Examinations 2019/2020 Academic year

SCHOOL OF HEALTH SCIENCES

DEPARTMENT OF PUBLIC AND COMMUNITY HEALTH

FOURTH YEAR SPECIAL /SUPPLEMENTARY EXAMINATION FOR  
BACHELOR OF SCIENCE IN COMMUNITY REDOURCE MANAGEMENT

HCR 205: FAMILY HEALTH

DATE: 21/01/2021

TIME: 2.00-4.00 PM

---

## INSTRUCTIONS

This paper consists of two sections A and B

### SECTION A

#### Specific Instructions

- This section has one question
- This question is **COMPULSORY**
- The question is 30 Marks

### QUESTION ONE (30 MARKS)

- a) Explain the influence of
- i) genes on family health (3 marks)
  - ii) community resources on family health (3 marks)
- b) Elaborate on the role of family
- i. in educating its members (3 marks)
  - ii. In promoting health among its members (3 marks)
- c) Identify ways of maintaining health communication in a family (3 marks)
- d) Outline characteristics of a family in the contracting stage (3 marks)
- e) Highlight the causes of health risk behaviors among the adolescence girls (3 marks)

- f) Identify barriers to adequate health care provision among the vulnerable population a community (3 marks)
- g) Outline symptoms of dengue hemorrhagic fever (3 marks)
- h) Highlight three( 3) characteristics of a foster family (3 marks)

## **SECTION B:**

### **Specific Instructions**

- **This section has four (4) question**
- **Answer any two (2) questions**

**Each question is 20 Marks**

### **QUESTION TWO**

Mr. and Mrs. Kamau are residences of Nairobi town, they have son Tom aged 21 years, daughter Mary 18 years and a small baby boy 10 years. Use this information to answer the question 2(a)

- a) i Define the family stage and family structure of Mr. and Mrs. Kamau’s family (2 marks)
- ii Advice Mr. and Mrs. Kamau’s family on strategies to create a healthy family relationship (10 marks)
- b) Discuss the benefits of a community from healthy families (8 marks)

### **QUESTION THREE**

- a) Explain five (5) types of family violence likely to be in records of Kenya national commission of human rights (10 marks)
- b) Discuss ways members can expressing teamwork and commitment in the family (10 marks)

### **QUESTION FOUR**

- a) Discuss the effects of drug and substance abuse on family financial stability (10 marks)
- b) Advice the ministry of health on policies to help improve and promote health of the elderly population in Kenya (10 marks)

**QUESTION FIVE**

- a) Discuss the indications that Kenyan family are unhealthy (10 marks)
- b) Explain the influence of family income on the health of family members (10 marks)