



MACHAKOS UNIVERSITY

University Examinations for 2019/2020 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

THIRD YEAR SECOND SEMESTER EXAMINATION FOR

BACHELOR OF ARTS

APS 303: ADOLESCENCE PSYCHOLOGY

DATE: 13/11/2020

TIME: 2:00 – 4:00 PM

INSTRUCTIONS: Answer QUESTION ONE and any other TWO QUESTIONS

QUESTION ONE (COMPULSORY) (30 MARKS)

- a) Define the term growth spurt as used in psychology of adolescents (4 marks)
- b) Explain the benefits of studying adolescent Psychology (10 marks)
- c) The adolescent stage is important in development, evaluate how dysfunctional parenting may affect this stage (10 marks)
- d) Using a well labeled diagram, illustrate Sigmund Freud's psychoanalytic theory in the development of adolescents (6 marks)

QUESTION TWO (20 MARKS)

- a) Every adolescent undergoes different emotional changes during the adolescent stage, explain how you would help an adolescent who is experiencing psychological stress (10 marks)
- b) Suicide in adolescence has become a challenge in our learning institutions, briefly explain how you would help parents of an adolescent faced with suicidal thoughts (10 marks)

QUESTION THREE (20 MARKS)

- a) Discuss the physical changes that occur in adolescent boys (10 marks)
- b) Evaluate the importance of counseling an adolescent struggling with alcohol abuse (10 marks)

QUESTION FOUR (20 MARKS)

- a) Teenage pregnancy in our schools has become a common problem, discuss ways that can be used to help adolescent girls to cope with this challenge (10 marks)

- b) Discuss how you would psycho-educate parents of an adolescent who is struggling with relationships (10 marks)

QUESTION FIVE (20 MARKS)

- a) Discuss how Eric Erickson's identity versus role confusion affects adolescents (10 marks)

- b) Explain how you as a psychologist would help an adolescent cope with the death of his parent which seems to be affecting his performance in school (10 marks)