



# MACHAKOS UNIVERSITY

University Examinations 2020/2021 Academic year

SCHOOL OF HEALTH SCIENCES

DEPARTMENT OF PUBLIC AND COMMUNITY HEALTH

FIRST YEAR SPECIAL /SUPPLEMENTARY EXAMINATION FOR

BACHELOR OF SCIENCE IN COMMUNITY RESOURCE MANAGEMENT

HCM 101: HUMAN DEVELOPMENT

DATE: 23/3/2021

TIME: 2.00-4.00 PM

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## INSTRUCTIONS

This paper consists of two sections A and B

Section A is compulsory

Section B choose any two (2) questions

### SECTION A. COMPULSORY (30 MARKS)

#### QUESTION ONE (30 MARKS)

- a) Define the following terms in relation to human development. (3 marks)
  - i. Development
  - ii. Growth
  - iii. Theory
- b) Explain holistic systems perspective to human development. (3 marks)
- c) Briefly explain the objectives of Erickson's theory of psychosocial development. (3 marks)
- d) Describe the three components of personality according to Sigmund Freud. (3 marks)
- e) Explain the three stages of prenatal growth. (3 marks)
- f) Describe the systematic changes and continuities that occur during development of human beings. (3 marks)
- g) Explain how maternal characteristics also influence prenatal development. (3 marks)
- h) Describe the relationship of hereditary and environmental factors in the development of personality. (3 marks)
- i) Identify the importance of work to psychological well being. (3 marks)
- j) Highlight why parents of adolescents who use democratic practices with frequent explanations for rules foster responsible and independent children. (3 marks)

## **SECTION B:**

### **Specific Instructions**

- **This section has four (4) question**
- **Answer any two (2) questions**
- **Each question is 20 Marks**

### **QUESTION TWO (20 MARKS)**

- a) Aisha aged 78 years, fell and broke her hip a year ago and has become overly dependent on her daughter for help ever since, even though she can get around quite well. How does Freud or Erickson explain her age-old dependency. (10 marks)
- b) Discuss the correlation between gene and environment in developmental mechanisms. (10 marks)

### **QUESTION THREE (20 MARKS)**

- a) Jane is an Ante Natal Care counselor advising a group of expectant mothers at Upendo hospital. Discuss the potential problems to the baby at birth that Jane will present to the mothers. (10 marks)
- b) Describe Bronfenbrenner ecological systems theory in relation to environment and human interaction. (10 marks)

### **QUESTION FOUR (20 MARKS)**

- a) Teenagers always want to feel a sense of belonging. Describe functions of peer grouping during this period. (10 marks)
- b) Discuss how most grandparents relate with their grandchildren. (10 marks)

### **QUESTION FIVE (20 MARKS)**

- a) Describe the theories for successful aging and give their strengths and weaknesses. (10 marks)
- b) Discuss general characteristics that you can see in early adolescents in the community. (10 marks)