



# MACHAKOS UNIVERSITY

University Examinations 2020/2021 academic year

SCHOOL OF EDUCATION

DEPARTMENT OF EDUCATIONAL PSYCHOLOGY, SPECIAL NEEDS EDUCATION

SECOND YEAR SPECIAL/SUPPLEMENTARY EXAMINATION FOR

DIPLOMA IN EDUCATION

EPS 0202: GUIDANCE & COUNSELING

DATE:

TIME:

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**INSTRUCTIONS: Answer Question One and Any Other Two Questions**

## QUESTION ONE (30 MARKS)

- a) Define the following terms (8 marks)
- Counseling
  - Guidance
  - Unconditional positive regard
  - Counselee
- b) Explain four people charged with guidance and counseling in African traditional society guidance (8 marks)
- c) Outline three advantages of carrying out group counseling (6 marks)
- d) Highlight the role played by career counselor in life of young person (8 marks)

## QUESTION TWO (20 MARKS)

- a) Highlight challenges you would encounter when carrying out group counseling (10 marks)
- b) Explain the meaning of silence in the process of counseling (10 marks)

**QUESTION THREE (20 MARKS)**

- a) Discuss three non-verbal behaviors a counselor may convey to her client (6 marks)
- b) Highlight four basic principles of counseling (4 marks)
- c) Explain circumstance under which a counselor may refer client to another counselor (10 marks)

**QUESTION FOUR (20 MARKS)**

- a) As a teacher identify key issues among students which will call for intervention through counseling (10 marks)
- b) In light with historical development of guidance and counseling, describe five experts tasked with counseling during the middle age period (10 marks)

**QUESTION FIVE (20 MARKS)**

Discuss one theory of counseling under the following headings

- a) View of human nature
- b) Goals of a counselor
- c) Major techniques used in counseling