



# MACHAKOS UNIVERSITY

University Examinations for 2019/2020 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF FASHION DESIGN AND MARKETING

FOURTH YEAR SPECIAL/SUPPLEMENTARY EXAMINATION FOR  
BACHELOR OF SCIENCE IN COMMUNITY RESOURCE MANAGEMENT  
HCM 411: AGING AND SOCIAL WELFARE SERVICES

DATE: 18/01/2021

TIME: 11.00-1.00 PM

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## INSTRUCTIONS:

- *This paper consists of FIVE questions*
- *Answer QUESTION ONE and ANY OTHER TWO questions*
- *Question One carries 30 marks*
- *Question 2-5 carry 20 marks each*
- *Total marks 70*

## QUESTION ONE (COMPULSORY) (30 MARKS)

- a) Write short notes on the following terms.
- Gerontology (2 marks)
  - Death (2 marks)
  - Grief (2 marks)
  - Ageist practices (2 marks)
  - Geriatrics (2 marks)
- b) State five (5) organizations where gerontology professionals can work. (5 marks)
- c) Discuss the following social theories of ageing:-
- Activity theory (5 marks)
  - Disengagement theory (5 marks)
- d) Explain five (5) health considerations of older adults. (5 marks)
- e) Elaborate on the impact of the marital status on the lifestyle of older adults. (5 marks)

**QUESTION TWO (20 MARKS)**

- a) The guidance and counselling team leader has stated that death is not the only cause of grief; discuss other five (5) potential causes of grief. (10 marks)
- b) Describe five (5) components of study encompassed in gerontology. (10 marks)

**QUESTION THREE (20 MARKS)**

- a) The media has reported that inability to cope with grief is a leading cause of many reported suicide cases; discuss five (5) ways of dealing with the grieving process. (10 marks)
- b) You have been asked as a gerontology consultant to talk about the various areas of gerontology, discuss five (5) perspectives of ageing. (10 marks)

**QUESTION FOUR (20 MARKS)**

- a) Some social roles change while others remain with us throughout our lives; discuss five (5) social roles of older adults in the society. (10 marks)
- b) There are services for every age-group in the society, discuss two (2) social welfare services for older persons in the society. (10 marks)

**QUESTION FIVE (20 MARKS)**

- a) Explain the causes of five (5) common home accidents among older adults. (10 marks)
- b) Different members of the society develop certain attitudes towards older adults. Describe five (5) factors associated with the ageist attitudes of the health professionals. (10 marks)