



MACHAKOS UNIVERSITY

University Examinations for 2021/2022 Academic Year

SCHOOL OF EDUCATION

DEPARTMENT OF EDUCATIONAL PSYCHOLOGY & SNE

SECOND YEAR SECOND SEMESTER EXAMINATION FOR

DIPLOMA IN EDUCATION (ARTS)

DIPLOMA IN EDUCATION (SCIENCE)

EPS 0202 GUIDANCE & COUNSELING

DATE: 9/12/2021

TIME: 8:30 – 10:30 AM

INSTRUCTIONS: Answer Question One and Any Other Two

QUESTION ONE (30 MARKS)

- a) Define the following terms (8 marks)
- i) Counseling
 - ii) Guidance
 - iii) Unconditional positive regard
 - iv) Counselee
- b) Explain what accurate Empathic understanding entails during counseling (6 marks)
- c) Elaborate five (5) characteristics of an efficeience group counselor (10 marks)
- d) Highlight four roles played by career counselor in secondary schools (8 marks)

QUESTION TWO (20 MARKS)

- a) Highlight five (5) challenges you would encounter when carrying out group counseling. (10 marks)
- b) Discuss five characteristics of an effective councilor (10 marks)

QUESTION THREE (20 MARKS)

- a) Discuss five non-verbal communication behaviour using body language during counselling. (10 marks)
- b) Explain five (5) circumstance under which a counselor may refer client to another counselor. (10 marks)

QUESTION FOUR (20 MARKS)

- a) As a teacher identify key five (5) issues among students which will call for intervention through counseling (10 marks)
- b) In light with historical development of guidance and counseling, describe five groups of people tasked with counseling in African traditional society (10 marks)

QUESTION FIVE (20 MARKS)

- a) Describe three approaches which may be applied during counselling (6 marks)
- b) Discuss one theory of counseling under the following headings (14 marks)
- i) View of human nature
 - ii) Goals of a counselor
 - iii) Major techniques used in counseling