



MACHAKOS UNIVERSITY

University Examinations for 2021/2022 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

FOURTH YEAR SECOND SEMESTER EXAMINATION FOR

BACHELOR OF ARTS

APS 424: PROFESSIONAL ISSUES AND ETHICS

DATE:

TIME:

INSTRUCTIONS:

Answer Question One and Any Other Two Questions.

QUESTION ONE (30 MARKS)

- a) Evaluate five ways through which you think you may influence other people either consciously or unconsciously. (10 marks)
- b) In your opinion as a budding counsellor, elaborate why sensitivity to cultures in general and in particular-knowledge of the worldview of culturally different clients is important in counselling. (10 marks)
- c) It is never appropriate for therapists to engage in sexual contact with the client or to become sexually intimate with clients. Critique this statement in relation to your religious and cultural beliefs. (10 marks)

QUESTION TWO (20 MARKS)

- a) Stereotyping among the Kenyan population has taken a center stage. Some communities are associated with certain practices e.g love for money, use of love charm, wife inheritance, wife sharing among others. Analyze how this kind of stereotyping may affect the counseling process if a counselor is from a different background from that of the client. (10 marks)
- b) In many African traditions, men have been socialized to feel more superior to women. Discuss how this may negatively affect the counselling process between a female counselor and a male client. (10 marks)

QUESTION THREE (20 MARKS)

- a) The mere existence of counter transference is not an ethical or legal issue. Discuss how in your opinion countertransference can be used to the advantage of a client. (10 marks)
- b) Imposing one's values and beliefs to a client is unethical as it denies the client the opportunity to make informed decisions. Citing relevant examples, analyze this statement in relation to values in counselling. (10 marks)

QUESTION FOUR (20 MARKS)

“Although most counselors agree on the essential value of confidentiality, they realize that it cannot be considered an absolute”.

- a) Evaluate the potential psychological damage of breaching the confidentiality of a teenage client. (10 marks)
- b) Analyze the measures that you would take to ensure that you can breach a client's confidentiality without losing their trust. (10 marks)

QUESTION FIVE (20 MARKS)

Citing relevant examples, discuss how the following ethical limitations and problems may be resolved if one is to behave ethically.

- a) Some issues cannot be handled solely by relying on ethical codes.
- b) Some ethical dilemmas have no clear answers.
- c) Simply learning ethics codes and practice guidelines will not necessarily make for ethical practice.
- d) Ethics codes tend to be reactive rather than proactive.
- e) Codes may conflict with institutional policies and practices.