



MACHAKOS UNIVERSITY

University Examinations for 2020/2021 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

FOURTH YEAR FIRST SEMESTER EXAMINATION FOR

BACHELOR OF ARTS

APS 401: CLINICAL PSYCHOLOGY

DATE: 12/8/2021

TIME: 8:30 – 10:30 AM

INSTRUCTIONS: Answer QUESTION ONE and any other TWO QUESTIONS.

QUESTION ONE (COMPULSORY) (30 MARKS)

- a) Define the term clinical psychology (3 marks)
- b) Evaluate the following perspectives as used in the integration of clinical psychology (8 marks)
 - i) Humanistic perspective
 - ii) Socio – cultural perspective
- c)
 - i) Discuss five concepts that are part of the unconscious (10 marks)
 - ii) Analyze three forms of anxiety. (9 marks)

QUESTION TWO (20 MARKS)

- a) Assess five qualities of a good therapeutic relationship. (10 marks)
- b) Evaluate five key concepts of Sigmund Freud's Psychoanalytic theory. (10 marks)

QUESTION THREE (20 MARKS)

- a) Distinguish between the Cognitive Behavior Therapy (CBT) and Rational Emotive Behavioral Therapy (REBT). (10 marks)
- b) Analyze Ellis' view of emotional disturbances (10 marks)

QUESTION FOUR (20 MARKS)

- a) Evaluate the importance of integrating clinical psychology into the African culture while assessing clients. (10 marks)
- b) Discuss the importance of Psychological tests (10 marks)

QUESTION FIVE (20 MARKS)

- a) Evaluate five factors that would determine the selection of a test in assessment. (10 marks)
- b) Evaluate the importance of a clinical interview when assessing a client (10 marks)