



# MACHAKOS UNIVERSITY

University Examinations for 2020/2021 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

FIRST YEAR SPECIAL/SUPPLEMENTARY EXAMINATION FOR

BACHELOR OF ARTS (COUNSELLING PSYCHOLOGY)

APS 103: HISTORY AND SYSTEMS OF PSYCHOLOGY

DATE: 13/8/2021

TIME: 2:00 – 4:00 PM

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**INSTRUCTIONS: Answer QUESTION ONE and any other TWO QUESTIONS.**

## QUESTION ONE (30 MARKS)

- a) Discuss the importance of studying history, systems and schools of psychology. (10 marks)
- b) Explain the contributions of the following philosophers to the field of psychology.
- i) Socrates (5 marks)
  - ii) John Locke (5 marks)
  - iii) St. Augustine (5 marks)
  - iv) Plato (5 marks)

## QUESTION TWO (20 MARKS)

- a) Discuss five schools of psychology (10 marks)
- b) Distinguish between any two of the schools of psychology you have listed in (a) above (10 marks)

## QUESTION THREE (20 MARKS)

- a) Discuss the significance of the Experimental psychology laboratory founded by William Wundt in Leipzig. (10 marks)
- b) Evaluate the effects of culture on the growth of psychology (10 marks)

**QUESTION FOUR (20 MARKS)**

Giving relevant examples, explain the meaning of the following terms as used in the study of history of psychology.

- a) Empiricism (10 marks)
- b) Existentialism (10 marks)

**QUESTION FIVE (20 MARKS)**

- a) Examine the contributions of Sigmund Freud as a modern world psychologist in psychology (10 marks)
- b) Outline the advantages and disadvantages of Experimental Psychology. (10 marks)