



# **MACHAKOS UNIVERSITY**

University Examinations for 2020/2021 Academic Year

**SCHOOL OF HUMANITIES AND SOCIAL SCIENCES**

**DEPARTMENT OF SOCIAL SCIENCES**

**FIRST YEAR SPECIAL/SUPPLEMENTARY EXAMINATION FOR**

**BACHELOR OF ARTS (COUNSELLING PSYCHOLOGY)**

**BACHELOR OF ARTS (GENDER)**

**BACHELOR OF (ARTS)**

**APS 106: INTRODUCTION TO LIFECYCLE DEVELOPMENT**

**DATE: 11/8/2021**

**TIME:2:00 – 4:00 PM**

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**INSTRUCTIONS: Answer QUESTION ONE and any other TWO QUESTIONS.**

## **QUESTION ONE (30 MARKS)**

- a) Evaluate the three stages of prenatal development and how each stage affects the lifespan development of an infant. (10 marks)
- b) Describe the early adulthood stage and its importance to lifecycle development. (10 marks)
- c) Discuss the importance of theories of development. (10 marks)

## **QUESTION TWO (20 MARKS)**

- a) Explain the term teratogens and its effects in pregnancy (10 marks)
- b) Explain the Apgar scale and its importance in lifespan development. (6 marks)
- c) List four common types of teratogens. (4 marks)

## **QUESTION THREE (20 MARKS)**

- a) Evaluate Eric Erickson's theory of psychosocial development. (10 marks)

- b) “Childhood experiences impact our adulthood and mental health positively and negatively,” critic this statement in lifecycle development. (10 marks)

**QUESTION FOUR (20 MARKS)**

- a) Differentiate between growth and development (10 marks)
- b) Describe Piaget’s stages of cognitive development (10 marks)

**QUESTION FIVE (20 MARKS)**

- (a) Explain the importance of attending a pre-natal clinic (10 marks)
- (b) Discuss the psychoanalytic theory of development and its influence on lifecycle development (10 marks)