



# MACHAKOS UNIVERSITY

University Examinations 2020/2021 Academic Year

SCHOOL OF EDUCATION

DEPARTMENT OF EARLY CHILDHOOD EDUCATION

APRIL SESSION EXAMINATION FOR

BACHELOR OF EDUCATION (EARLY CHILDHOOD)

**ECE 306: INDOOR AND OUTDOOR PLAY ACTIVATES IN EARLY CHILDHOOD**

DATE: 21/7/2021

TIME: 8.30-10.30 AM

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## INSTRUCTIONS

Answer Question ONE and any other TWO questions

### QUESTIONS ONE (COMPULSORY) (30 MARKS)

- a) Define the following terms.
- Play.
  - Exploration.
  - Playfulness.
  - Game.
  - Co-operative play. (10 marks)
- b) Differentiate between the following terms.
- Fine motor skills and gross motor skills.
  - Micro sphere and macro sphere.
  - Exploration and discovery. (12 marks)
- c) Explain general objectives of play. (10 marks)

### QUESTION TWO (20 MARKS)

- a) Outline 3 differences and 2 similarities between play and work. (10 marks)
- b) Critically explain the surplus energy theory by Herbert spencer, 1873. (6 marks)
- c) Play has a cathartic effect according to Freudian theory, Discuss. (4 marks)

**QUESTION THREE (20 MARKS)**

Explain the importance of play in promoting the aspects of child development

- a) Social.
- b) Cognitive.
- c) Socio-emotional.
- d) Physical development.

**QUESTION FOUR (20 MARKS)**

- a) Suggest play activities that a teacher can engage mentally handicapped children and how they can be assessed or evaluated. (10 marks)
- b) Outline the challenges faced by teacher's when teaching indoor and outdoor activities. (10 marks)

**QUESTION FIVE (20 MARKS)**

- a) Play deprivation can be compared to malnutrition. Explain adverse effects that it may cause to young children. (10 marks)
- b) Play should not be taught in isolation but should be integrated with other learning areas for holistic development of the child. Explain how the teacher can integrate indoor and outdoor play activities with science. (10 marks)