



MACHAKOS UNIVERSITY

University Examinations for 2020/2021 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCES

FIRST YEAR SECOND SEMESTER EXAMINATION FOR

BACHELOR OF ARTS (COUNSELLING PSYCHOLOGY)

APS 103: HISTORY AND SYSTEMS OF PSYCHOLOGY

DATE: 15/6/2021

TIME: 8:30 – 9:30 AM

INSTRUCTIONS: Answer QUESTION ONE and any other TWO QUESTIONS.

QUESTION ONE (COMPULSORY) (30 MARKS)

Machakos University is planning to host a career fair the first week of June 2021. A number of secondary schools have been invited to attend. From the previous experience, the marketing department has pointed out that so many secondary school students were interested in taking up a career in psychology upon completion of their high school studies. You have been chosen by your head of department to talk about psychology as a discipline during the upcoming event. In your talk, you borrow a lot of information from what you learnt from the APS 103 class. After your presentation, the students ask you a number of questions including the importance of history, systems, and schools of psychology; the contribution of Socrates, John Locke, St. Augustine and Plato to the growth of psychology.

- a) In responding to the students, discuss the significance of studying history, systems and schools of psychology to a psychology student that you will include in your presentation (10 marks)
- b) Explain to the students the contributions of the following philosophers to the growth of psychology.
- i) Socrates (5 marks)
 - ii) John Locke (5 marks)
 - iii) St. Augustine (5

marks)

QUESTION TWO (20 MARKS)

- a) List five schools of psychology (10 marks)
- b) Compare and contrast any two of the schools of psychology you have listed in (a) above (10 marks)

QUESTION THREE (20 MARKS)

- a) The founding of the Experimental laboratory in Leipzig by William Wundt (1832 – 1920) in 1879 was significant and important to the developing school of psychology. Discuss the significance of this psychology laboratory. (10 marks)
- b) Discuss the effects of culture on the growth of psychology (10 marks)

QUESTION FOUR (20 MARKS)

Citing relevant examples, explain the meaning of the following terms as used in the study of history of psychology.

- a) Empiricism (10 marks)
- b) Rationalism (10 marks)

QUESTION FIVE (20 MARKS)

- a) Examine the contributions of Sigmund Freud as a modern world psychologist in psychology. (10 marks)
- b) Outline the advantages and disadvantages of Experimental Psychology. (10 marks)