



# MACHAKOS UNIVERSITY

University Examinations for 2021/2022 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF HUMANITIES AND SOCIAL SCIENCES

FOURTH YEAR FIRST SEMESTER EXAMINATION FOR

BACHELOR OF ARTS

APS 401: CLINICAL PSYCHOLOGY

DATE: 30/8/2022

TIME: 11.00-1.00 PM

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## INSTRUCTIONS

Answer Question One and Any Other Two Questions

### QUESTION ONE (30 MARKS)

- a) Define clinical psychology (3 marks)
- b) Discuss the significance of learning clinical psychology (8 marks)
- c) i. Evaluate two of Albert Ellis' key concepts of the Rational Emotive Behavioral Therapy (REBT). (10 marks)
- ii. Differentiate between Cognitive Behavior Therapy (CBT) and Rational Emotive Behavioral Therapy (REBT). (9 marks)

### QUESTION TWO (20 MARKS)

- a) Explain the importance of history taking in the initial session during therapy. (10 marks)
- b) Evaluate five key concepts of Sigmund Freud's Psychoanalytic theory. (10 marks)

### QUESTION THREE (20 MARKS)

- a) Assess five characteristics of reality therapy (10 marks)
- b) Appraise the therapist's role as he uses reality therapy in counselling. (10 marks)

### QUESTION FOUR (20 MARKS)

- a) Analyze how a therapist can intervene during a crisis to victims of trauma. (10 marks)

- b) Discuss the importance of carrying out Psychological tests on clients. (10 marks)

**QUESTION FIVE (20 MARKS)**

- a) Evaluate the importance of classification of disorders. (10 marks)
- b) Discuss five components of the mental status examination (MSE). (10 marks)