



MACHAKOS UNIVERSITY

University Examinations 2021/2022 Academic Year

SCHOOL OF EDUCATION

DEPARTMENT OF EARLY CHILDHOOD EDUCATION

FOURTH YEAR FIRST SEMESTER EXAMINATION FOR

BACHELOR OF EDUCATION (EARLY CHILDHOOD)

ECE 105 HEALTH EDUCATION AND

DATE: 31/8/2022

TIME: 11.00-1.00 PM

INSTRUCTIONS

Answer Question ONE and any other TWO questions

QUESTION ONE (COMPULSORY) (30 MARKS)

- a) Explain the following concepts: (10 marks)
- i. Mental health
 - ii. Health practice
 - iii. Immunization
 - iv. Health promotion.
 - v. Preventive health.
- b) Identify (Three) 3 basic mental health needs for a child. (6 marks)
- c) Highlight (five) 5 Strategies for creating and maintaining health. (10 marks)
- d) Describe (2) two types of Gastro-intestinal infections. (4 marks)

QUESTION TWO (20 MARKS)

- a) Describe (five) 5 information that a mother should give to the health personnel during her first visit to the (MCH) showing the importance of doing so. (10 marks)

- b) Identify and explain at least (five) 5 factors that may require a mother to be referred to a well-equipped health facility for delivery. (10 marks)

QUESTION THREE (20 MARKS)

- a) Identify and describe (five) 5 social- emotional needs of children. (10 marks)
- b) Explain 5 (five) importance of providing for the social- emotional needs to children. (10 marks)

QUESTION FOUR (20 MARKS)

- a) Describe 5 (five) advantages of the traditional Birth Attendant programme. (10 marks)
- b) Describe 5 (five) characteristics of an emotionally healthy child. (10 marks)

QUESTION FIVE (20 MARKS)

- a) Describe 5 (five) reasons as to why it is better preventive than curative in diseases management and health promotion. (10 marks)
- b) To live a long and healthy life, you need to live in a healthy environment. Explain 5 (five) ways of improving the quality of air in your environment. (10 marks)