



# **MACHAKOS UNIVERSITY**

**University Examinations for 2022/2023 Academic Year**

**SCHOOL OF HUMANITIES AND SOCIAL SCIENCES**

**FIRST YEAR FIRST SEMESTER EXAMINATION BACHELOR OF ARTS / BACHELOR OF EDUCATION**

**APS/ EPS 100 INTRODUCTION TO PSYCHOLOGY**

**Date:**

**Time:**

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**INSTRUCTIONS: Answer QUESTION ONE and any other TWO QUESTIONS.**

## **QUESTION ONE (30 MARKS)**

- (a) Define the term Psychology (1 mark)
- (b) Discuss the people who are known for the history of Psychology (9 marks)
- (c) Explain why Psychology is a science (6 marks)
- (d) Discuss five Psychological subfields (10 marks)
- (e) Differentiate between real Psychology and Pseudo Psychology (4 marks)

## **QUESTION TWO (20 MARKS)**

- (a) Analyse five factors that influence your perception (10 marks)
- (b) Describe the different types of behavioural learning (10 marks)

## **QUESTION THREE 20 MARKS**

- (a) Discuss the main types of motivations in your life (10 marks)
- (b) Discuss the motivational cycle of thirst (10 marks)

**QUESTION FOUR ( 20 MARKS)**

(a) Discuss two types of conflict you have experienced in your life ( 10 marks)

(b) Describe two main common psychotherapies (10 marks)

**QUESTION FIVE ( 20 MARKS)**

(a) Giving relevant examples discuss five ways in which attitudes were formed in your life  
(10marks)

(b) Discuss three ways which will enable you form relationships with others (10 marks)