



# MACHAKOS UNIVERSITY

University Examinations for 2022/2023 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**SECOND YEAR FIRST SEMESTER EXAMINATION FOR BACHELOR OF ARTS /  
B.A COUNSELLING PSYCHOLOGY**

**APS304: ABNORMAL PSYCHOLOGY**

**Date:**

**Time:**

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**INSTRUCTIONS: Answer QUESTION ONE and any other TWO QUESTIONS.**

**QUESTION ONE (30 MARKS)**

- a) Define the following terms as used in psychology.
- i) Abnormal psychology (2 marks)
  - ii) Delusions (2 marks)
  - ii) Mental disorders (2 marks)
- b) State three types of neurotransmitters (3 marks)
- c) Distinguish between the following:
- ii) Fear and anxiety (2 marks)
  - iv) Dependence and tolerance (2 marks)
- d) Mention two theories under behavioral model of psychopathology. (2 marks)
- e) Describe the nature of neurodevelopmental disorders. (2 marks)

- f) Mention two essential features of anorexia nervosa (2 marks)
- g) List two core diagnostic symptoms of post traumatic disorder (PTSD) (2 marks)
- h) Identify three sub-types of substance related and addictive disorders. (3 marks)
- i) Identify three sub-types of depressive disorders (3 marks)
- j) State three characteristics of personality disorders (3 marks)

**QUESTION TWO (20 MARKS)**

- a) Discuss three historical perspectives of abnormal behavior (6 marks)
- b) Identify any six manifestations of anxiety disorders (6 marks)
- c) Discuss four psychological causes of major depressive disorder (8 marks)

**QUESTION THREE (20 MARKS)**

- a) Outline five specific phobias and mention their specific situation or object of fear (10 marks)
- b) Explain three models of abnormal behavior (6 marks)
- c) Discuss two psychological causes of anxiety disorders (4 marks)

**QUESTION FOUR (20 MARKS)**

- a) Describe three positive and two negative symptoms of psychotic disorders (10 marks)
- b) Discuss three risk factors associated with feeding and eating disorders (6 marks)
- c) Explain any two ethical dilemmas that psychologist have to grapple with when working with victims of abnormal behavior (4 marks)

**QUESTION FIVE (20 MARKS)**

- a) Describe the three clusters of personality disorders and identify two disorders that fall in each cluster (8 marks)
- b) Explain three prevention modalities for substance related disorders (6 marks)
- c) Identify six manifestations of major depressive disorder (6 marks)

**END**