



MACHAKOS UNIVERSITY

University Examinations for 2020/2021 Academic Year

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

SECOND YEAR FIRST SEMESTER EXAMINATION FOR BACHELOR OF ARTS DEGREE IN COUNSELING PSYCHOLOGY, BACHELOR OF ARTS DEGREE IN GENDER AND DEVELOPMENT & BACHELOR OF ARTS DEGREE

APS 201 : PSYCHOLOGY OF PERSONALITY

DATE:

TIME:

INSTRUCTIONS: Answer **QUESTION ONE** and any other **TWO QUESTIONS**
Question **ONE** carries **30 MARKS** and the rest carry **20 MARKS** each.

QUESTION ONE

- (a) Read each of the cases below and determine the defense mechanism associated with it **(5 marks)**
- (i) The mother of an unwanted child may feel guilty about not welcoming her child. As a result, she may try to prove her love by becoming overindulgent and overprotective of the child.
- (ii) Mrs. Brown often accuses other women of talking too much and spreading rumors. It is rather obvious to those who know her that she is revealing her own inclinations in that area.
- (iii) Paul, an aggressive child, had problems in elementary school, as he would frequently fight with other children. Paul found when he entered high school that he could channel this hostility into sports such as football and soccer.
- (iv) The habitual drinker may insist that he really doesn't care much for the taste of alcohol but feels that he is obliged to drink with friends "just to be sociable."

- (v) Mrs. James can't understand why her husband has been so grumpy and irritable for the past week. It certainly isn't her fault that he didn't receive the anticipated promotion at the factory.
- b) Explain the main contributions of the following Neo-Freudians to understanding how personalities develop?
- (i) Alfred Adler **(5 marks)**
- (ii) Erik Erickson **(5 marks)**
- (c) Explain the theory of reciprocal determinism according to Albert Bandura, giving your own personal experience as an example **(10 marks)**
- (d) List the five categories of human needs that dictate an individual's behavior according to Abraham Maslow. **(5 marks)**

QUESTION TWO

- a) Discuss the psychosexual stages of human development according to Sigmund Freud **(15 marks)**
- b) Demonstrate an understanding of the following terms as used in psychoanalytic theory. **(5 marks)**
- (i) Oedipus complex-
- (ii) Electra complex-
- (iii) Fixation

QUESTION THREE

- a) Who is the famous psychologist associated with operant conditioning? **(2 marks)**
- b) Discuss two types of reinforcers and give suitable examples. **(8 marks)**

c) Name the two types of reinforcement. Explain using suitable examples, how a parent or teacher may reinforce a specific behavior in a child.

(10 marks)

QUESTION FOUR

a) Briefly describe the following personality types as stipulated by Karen Horney.

(15 marks)

(i) Compliant personality-

(ii) Detached personality-

(iii) Aggressive personality-

b) Mention five methods of personality assessment

(5 marks)

QUESTION FIVE

a) Discuss the big five dimensions of personality

(10 marks)

b) Define personality disorders and hence discuss 4 types of personality disorders

(10 marks)