



# MACHAKOS UNIVERSITY COLLEGE

(A Constituent College of Kenyatta University)

University Examinations 2015/2016

SCHOOL OF EDUCATION

DEPARTMENT OF EARLY CHILDHOOD EDUCATION

FIRST/SECOND SEMESTER EXAMINATION FOR DEGREE OF MASTER OF  
EDUCATION

**ECE 806: FAMILY GUIDANCE AND COUNSELLING**

**DATE: SCHOOL BASED**

**TIME:**

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## INSTRUCTIONS

1. Write your answers in the answer booklet provided
2. SECTION A is compulsory
3. Answer any other TWO questions from section B

### SECTION A: COMPULSORY (30MARKS)

#### QUESTION ONE

- a) Examine the purpose of family guidance and counseling. (10 marks)
- b) Analyze the attributes of optimal families in family guidance. (10 marks)
- c) Discuss the importance of play therapy in diagnosis and healing children with psychological disturbance. (10 marks)

### SECTION B: (ANSWER ANY TWO QUESTIONS)

#### QUESTION TWO

Family guidance and counseling is based on certain basic principles. Discuss. (15 marks)

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*Examination Irregularity is punishable by expulsion*

### **QUESTION THREE**

Child abuse is one of the main causes of psychological disturbance in children.

- a) Discuss ten characteristics of child abusing parents. (10 marks)
- b) Identify five characteristics of children who have experienced abuse. (5 marks)

### **QUESTION FOUR**

- a) Identify and explain any three theories of counseling. (9 marks)
- b) Describe the importance of understanding theories of counseling. (6 marks)

### **QUESTION FIVE**

- a) What is Gestalt counseling? (1 mark)
- b) Discuss seven assumptions about the nature of humans that Passons (1975) identified as the basis for gestalt counseling. (14 marks)